Informational Newsletter for English-Speaking Residents

Hiroshima NOW

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Routine Vaccination: HPV Vaccine

HPV ワクチンの定期接種を 「ひろしま市民と市政」6月 15 日号 (PI)

Human papillomavirus (HPV) is the virus that causes cervical cancer. HPV vaccination and cervical cancer screening for early detection are effective in preventing the development of cervical cancer caused by HPV infection.

The routine HPV vaccine is available free of charge for those who meet the following requirements. When receiving the vaccination, please make sure that you fully understand the effectiveness and risks of the vaccine

Notes:

Currently there are three types of HPV vaccinations available with public funding: the 2-valent, 4-valent, and 9-valent vaccines. Since fiscal year 2023, the 9-valent HPV vaccine for cervical cancer has been made a routine vaccination. It is said that the vaccine is intended to prevent the onset of cervical cancer caused by HPV infection by nearly 80 to 90%. However, like any other vaccines, there is the possibility of adverse side effects considered to be related to HPV vaccines.

For details, please visit the Ministry of Health, Labor, and Welfare's website (in Japanese): https://www.mhlw.go.jp/bunya/kenkou/kekkaku-kansenshou28/indes.html

Inquiries: Kenkō Suishin Ka (Health Promotion Division) Tel: 082-504-2882

HPV Routine Vaccination Program

Who can receive the vaccine?

Women who fall under ① or ② below and have not yet received the vaccination:

- ① Women between year-six of elementary school and year-one of high school (women aged 11 to 16)
- 2 Women born between April 2, 1997 and April 1, 2008

Note: Catch-up vaccinations are offered to those who fall under ②. This program will be carried out until March 31, 2025.

☆ Catch-up vaccination

Catch-up vaccinations are provided to those who were unable to receive the vaccination with public funding due to Japan's decision to withhold the active recommendation of HPV vaccine (women under Category ②). This vaccination program will be carried out until March 31, 2025. It generally takes six months to complete three doses of the vaccine. Therefore, if you wish to complete the vaccines by March 31, 2025, it is recommended that you receive the first dose in this summer. For more information about the Catch-up vaccination program, please visit the City of Hiroshima's official website (in Japanese):

https://www.city.hiroshima.lg.jp/soshiki/72/2951.html

Vaccination schedule

Usually, you will be given two or three doses (generally the same type of vaccine); however, the number of vaccination doses and intervals between vaccinations are different depending on the type of vaccine and the age at which you receive the first dose.

Notes

If you wish to receive vaccination through public funding, get vaccinated at the specified age and timing (follow the designated interval between doses), and complete all the vaccinations within the designated period. Otherwise, you may have to pay the vaccination expenses on your own, and will also not be able to receive relief measures available under the Immunization Act.

How to receive the vaccination

- ① Visit a medical institution where you wish to receive the vaccine
 - Take your health insurance card and Maternal and Child Health Handbook (Boshi Kenkō Techō, if applicable) with you.
 - Vaccination coupons and the preliminary examination form are available at medical institutions offering the vaccine.

② Get vaccinated.

For more information including the number of vaccination doses and interval between doses, please visit the City of Hiroshima's official website (in Japanese):

https://www.city.hiroshima.lg.jp/soshiki/72/2951.html

