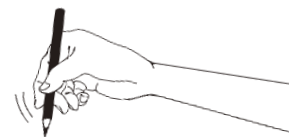


Useful Japanese daily  
rules and customs

## Hot springs and bathhouses



**Featured words:** 温泉 (おんせん // *Onsen*) · 銭湯 (せんとう // *Sentō*)



温泉 (*Onsen*) are hot springs and 銭湯 (*Sentō*) are public bathhouses

**Onsen** are natural hot springs created by ground water that is heated by magma and bubbles to the surface. Since Japan is home to many volcanos, and thus, lots of magma, you can find hot springs all around Japan.

**Sentō** are public bathhouses where users pay fee to relax and bathe. There's even an upgraded version of these bathhouses called **Super Sentō** that include spa facilities, such as a variety of baths, rock baths, saunas, and even places to eat.

👉 Below is a list of rules to know and follow when using hot springs or public bathhouses

- ❑ Wash your body thoroughly before getting in.
- ❑ There are no towels allowed in the water.
- ❑ Do not use soap, shampoo, or conditioner in the water.
- ❑ Do not do laundry in the water.
- ❑ Those with tattoos may not be allowed to enter public baths or hot springs; if the facility has a website, check online in advance.

### Hot springs in and around Hiroshima

#### Chugoku area (Hiroshima, Okayama, Tottori, Shimane and Yamaguchi)

- ❑ Hiroshima: Yuki Onsen and others
- ❑ Okayama: Mimasaka Santo (Yubara, Yunogo and Okutsu), and others
- ❑ Tottori: Misasa Onsen, Kaike Onsen, Hawaii Onsen, and others
- ❑ Shimane: Tamazukuri Onsen, Yunotsu Onsen, and others
- ❑ Yamaguchi: Nagotoyumoto Onsen, Yuda Onsen, and others

#### Kyushu, Shikoku, and Kansai

- ❑ Kyushu: Beppu Hatto (Oita), Yufuin Onsen (Oita), Kurokawa Onsen (Kumamoto), Ibusuki Onsen (Kagoshima), Ureshino Onsen (Saga) and others
- ❑ Shikoku: Dogo Onsen and others
- ❑ Kansai: Arima Onsen (Hyogo), Kinokuni Onsen (Hyogo) and others

