Informational Newsletter for English Speaking Residents

# Hiroshima NOW 10

### English No. 6

To save lives in danger

## Stop the misuse and abuse of ambulances

救える命を救うために「ひろしま市民と市政」9月1日号(P2)



Ambulances are for helping people in life-threatening situations.

Ambulance and emergency medical services are limited resources. They need to be available so that they can quickly reach people in need.

For individuals who go into cardiac arrest, or have other serious issues, quick and immediate treatment is their only hope. If they can't get access to help within a minute of their symptoms reaching critical need, their survival rate drops.

Please use ambulances appropriately, so that ambulance and emergency medical services can quickly get to people whose lives are in danger.

#### E These conditions are ALWAYS a medical emergency!! Call 119 right away!

#### Face:

Can't move properly or drooping on one side of the face / Slurred speech / Blurry or doubled vision / Extremely pale

#### Chest or back:

Sudden chest pain as well as labored breathing / A feeling of tightness or pressure in your chest that lasts for more than 2 or 3 min. / Pain that seems to move around

#### Head:

Sudden and excruciating headache and high fever / Feelings of giddiness or anxiety.

#### Hands and legs:

Sudden numbress / Weakness in the arms or legs on one side of the body

#### Stomach:

Sudden, extreme pain in the abdomen / Pain that won't go away / Bloody stools or vomiting blood

#### **INQUIRIES:**

Fire Services Bureau, Ambulance Services Division (*Shobō Kyoku, Kyūkyū Ka*) Tel. 546-3461 FAX. 249-1160



**If in doubt,** call the Emergency Consultation Center (Hiroshima Regional Urban Area) (*Kyūkyū Sōdan Sentā Hiroshima Kōiki Toshi Ken*)

## TEL: #7 1 1 9

An operator and consultant (nurse) are available to take individuals calls and give appropriate advice based on their situation (Advice is given in Japanese only). The Center is open 24 hours a day throughout the year. If you are unable to get through, please use this number: Tel. 246-2000

#### INQUIRIES:

Medical Services Policy Division (Iryō Seisaku Ka) Tel. 504-2178 FAX. 501-2258