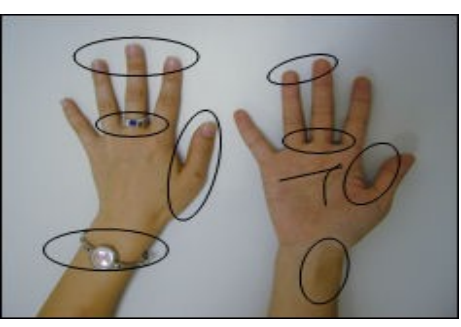
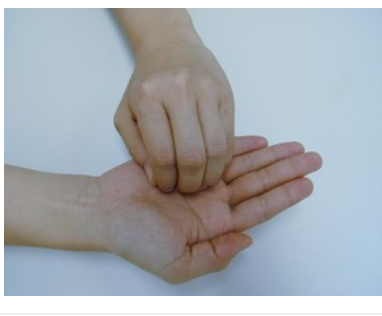
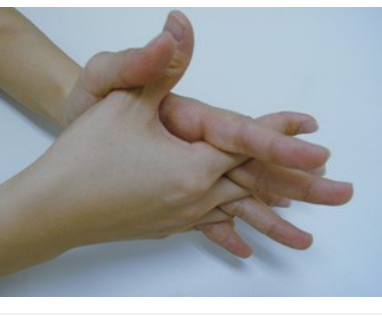
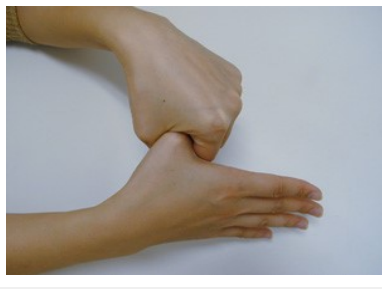
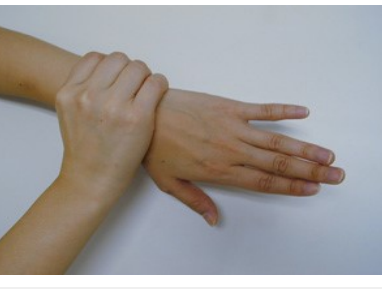


用肥皂洗手

洗手前 ◆剪平指甲 ◆摘下手表和戒子等 Check ! 		污物容易残留的地方 ◆指尖 ◆指缝 ◆拇指周围 ◆手腕 ◆手上的皱纹
(1) 把肥皂搓出泡沫, 仔细搓手掌	(2) 搓洗手背	
		
(3) 搓洗指尖, 指甲缝	(4) 洗手指缝	
		
(5) 用手握住拇指相互搓洗	(6) 洗手腕	
		
把肥皂冲洗干净, 用干净的毛巾擦干		